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ADA courses

Advancing in Dermatology and Aesthetics Course



ATHENS • 10-11 | MAY | 2025

DERMATOLOGY



PLASTIC
SURGERY



2-DAYS
COURSE /
16 EFFECTIVE
HOURS



3:1 TRAINEES
TO CADAVER
SPECIMEN
RATIO



ENGLISH

INSTRUCTORS



Dr. Tilemachos Anthopoulos
Dermatologist – Venereologist



Dr. Wolfgang Redka Swoboda
Cosmetic Surgeon International Trainer



VENUE

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Organized by HEAL Academy by HHG ADA courses Advancing in Dermatology and Aesthetics Course ATHENS • 10-11 MAY 2025 DERMATOLOGY PLASTIC SURGERY 2-DAYS COURSE / 16 EFFECTIVE HOURS  3:1 TRAINEES TO CADAVER SPECIMEN RATIO ENGLISH INSTRUCTORS  Dr. Tilemachos Anthopoulos Dermatologist – Venereologist  Dr. Wolfgang Redka Swoboda Cosmetic Surgeon International Trainer		
ADVANCING IN DERMATOLOGY AND AESTHETICS COURSE SCIENTIFIC PROGRAM SATURDAY,10 MAY 2025		
08:30 - 09:00	REGISTRATION - WELCOME COFFEE	Reception, Ground Floor
09:00 - 09:05	Welcome Address	T. TROUPIS
09:05 - 09: 30	Muscles, nerves and ligaments of the face	M. PIAGKOU
09:30 - 09:45	Facial Vasculature of the face	D. FILIPPOU
09:45 - 10:20	Facial Fat Compartments (Superficial& deep)	W. REDKA - SWOBODA
10:20 - 10:35	Basic principles of injectable fillers	M. MAVRIDOU, A. ZACHARI
11:00 - 11:20	COFEE BREAK	Foyer Aula Hall, Second Floor
11:20 - 11:50	Upper Face BoNTA injections	W. REDKA - SWOBODA
11:50 - 12:10	Middle & lower face BoNTA injections	T. ANTHOPOULOS
12:10 - 12:30	Treatment of BoNTA complications	C. ZOGRAFAKIS
12:30 - 13:15	Injection Anatomy of the upper 3rd of the face	W. REDKA - SWOBODA
13:15 - 14:15	LUNCH BREAK	Foyer Aula Hall, Second Floor
14:15 - 15:00	Injection Anatomy of the middle 3rd of the face	W. REDKA - SWOBODA
15:00 - 15:45	Injection Anatomy of the lower facial 3rd	W. REDKA - SWOBODA
15:45 - 16:00	Facial danger zones for injectables fillers	M. MAVRIDOU or J. KATSANTONIS
16:00 -16:20	Management of HA filler complications	J. KATSANTONIS
16:20 - 16:35	Biostimulation and neocollagenesis principles. Combination treatments	T. ANTHOPOULOS
16:35 - 17:05	LENISNA (& JUVELOOK) Composition, mechanism of action, indications & contraindications. Treatment mapping	A. ZACHARI
17:05 - 17:35	LANLUMA Composition, mechanism of action, indications & contraindications. Treatment mapping	TBA D. FATSEA???
17:35 - 18:25	Recognising and managing adverse reactions of these biostimulators	D. FATSEA, A. ZACHARI
18:25 - 18:40	Consultation, treatment plan and choosing the right treatment & technique	M. MAVRIDOU, A. ZACHARI
18:40 - 18:45	SYNOPSIS	Aula Hall, Second Floor
19:00	Transportation to the Hotel	

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ADVANCING IN DERMATOLOGY AND AESTHETICS COURSE SCIENTIFIC PROGRAM SUNDAY,11 MAY 2025		
08:30 - 09:00	WELCOME COFFEE	Foyer Aula Hall, Second Floor
09:00 - 09:15	Basic Principles for Lip Augmentation	A. ZACHARI
09:15 - 09:25	The Perfect Cheek Augmentation	M. MAVRIDOU
09:25 - 09:35	Nasolabial Fold Augmentation	W. REDKA SWOBOTA
09:35 - 09:45	Lower Eyelid & Tear Trough Augmentation	TBA
09:45 - 10:00	V - Line, Marrionete Lines and Pogon Augmentation	J. KATSANTONIS
10:00 - 10:15	Temple & Forehead Filler Augmentation	W. REDKA SWOBOTA
10:15 - 10:35	Filler Face Lift with the minimum HA volume	W. REDKA SWOBOTA
10:35 - 11:20	LENISNA (& JUVELOOK) My technique	A. ZACHARI
11:20 - 12:05	LANLUMA My technique	D. FATSEA
12:05 - 12:20	COFEE BREAK / UPPER FACE DISSECTION for the Trainers	Foyer Aula Hall, Second Floor
12:20 - 14:00	DISSECTION	Vesalius Lab, Ground Floor
	W. REDKA - SWOBODA, M. MAVRIDOU, A. ZACHARI, M. PIAGKOU, D. FILIPPOU, C. ZOGRFAKIS, T. ANTHOPOULOS, J. KATSANTONIS, D. FATSEA	
14:00 - 15:00	LUNCH BREAK	Foyer Aula Hall, Second Floor
15:00 - 19:00	DISSECTION	Vesalius Lab, Ground Floor
	W. REDKA - SWOBODA, M. MAVRIDOU, A. ZACHARI, M. PIAGKOU, D. FILIPPOU, C. ZOGRFAKIS, T. ANTHOPOULOS, J. KATSANTONIS, D. FATSEA	
19:00 - 19:15	SYNOPSIS	
19:15 - 19:30	Transportation to the Hotel/ Airport	